

Lent 2021

"Create in me a clean heart, oh God, and renew a steadfast spirit within me."

Psalm 51:10

Dear Sisters and Brothers in the Lord,

Once again, we come to the beginning of the season of Lent, when we take time out every year to prepare for the celebration of Easter. This special season is set aside for us to take stock of our relationship with Christ, and to hear again his invitation to "turn away from sin and be faithful to the Gospel" (Mk 1, 15).

As we receive the Sign of the Cross on our foreheads in ashes, we recall that we were first signed with the Cross at our baptism. By prayer, fasting and almsgiving, we strive throughout these forty days to be renewed and to be more faithful to our baptismal promises. We also pray in a special way with those preparing to receive the sacraments at the Easter Vigil.

Our whole lives—and everything we do as a parish—are founded on the new life that Jesus Christ won for us in his Resurrection. Christ our Light leads us from the darkness of sin and death, along the Way of the Cross, to the Road to Emmaus where we recognize the Risen Lord in the breaking of the bread. Lent is a chance for us to re-commit ourselves to following the road that Jesus has marked out for us, as individuals and as a community.

We encourage you to take advantage of the opportunities for prayer, fasting and almsgiving, which this season provides. May God continue to bless you and yours, as together we prepare to celebrate the feast of the Resurrection.

God bless you –

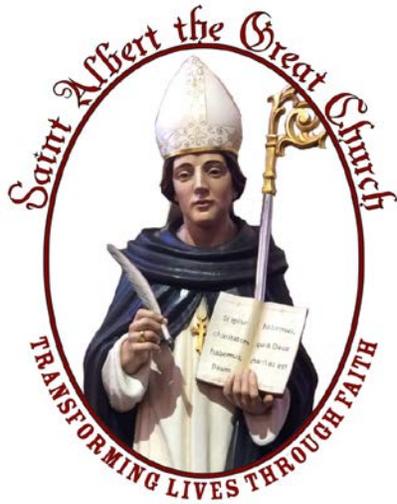
*Msgr. Joseph P. Duncan, Fr. Quy K. Pham, Deacon Ed Morris,
& the Staff of St. Albert the Great Parish*

FASTING & ABSTINENCE

All Catholics fourteen years of age and older are obliged to abstain from eating meat on Ash Wednesday and on all the Fridays of Lent.

Catholics between the ages of eighteen and fifty-nine are obliged to fast on Ash Wednesday and Good Friday. The fast means taking only one full meal and, if necessary, two light meals that together would not make a full meal. Nothing is taken to eat between meals except water.

The laws for fast and abstinence do not apply to people who are sick, or those who need to eat at certain times for health reasons (to take medicine, while expecting, etc.). Those who cannot fast are encouraged to do some other act of penance on those days.



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ALMSGIVING

Almsgiving means making sacrifices of our time, our talent, and our financial resources to help those less fortunate than ourselves. It includes not only donations to charity, but also a commitment to help our neighbors both near and far through works of service. Running errands for homebound neighbors, visiting a friend in the hospital, and offering prayers for the dead can all be forms of almsgiving.



PRAYER & LITURGY

Celebration of Mass

Monday – Saturday: 8:00 AM

Saturday Vigil: 5 PM; **Sunday:** 8 AM, 10 AM, & 12 PM

Confessions

Tuesdays: 7:00 to 7:45 pm (in church)

Saturdays: 4:00 – 4:45 PM (in church)

Stations of the Cross

Every Friday Evening during Lent at 7:00 pm

St. Joseph Triduum

March 14, 15, & 16 @ 7 PM

Homilist: Rev. Stephen Paolino, Parochial Vicar, St. Christopher Parish

(Livestreamed via Facebook)

Adoration of the Blessed Sacrament

Every Tuesday in the church chapel from 8:30 AM – 8:00 PM with Benediction @ 7:50 PM

24 Hours for the Lord

March 12 @ 4:00 PM – March 13 @ 4:00 PM

FORMATION

Weekly Scripture Study

Facilitated discussion of the Sunday Scriptures

Wednesday mornings 9 – 10 am via Zoom

Contact dre@satq1.org for details on how to join virtually

Metanoia

Join us virtually this Lent for a 10-part series featuring Fr. Dave Pivonka, TOR, as he leads us on a journey with Christ into conversion. Each of the episodes explores areas of our life where conversion is so often necessary. *Metanoia* will examine topics such as who is Jesus, what must we do to inherit eternal life, and many other significant matters of faith. With preaching from Fr. Dave as well as personal testimonies from men and women, young and old, religious and lay, their stories will inspire you to seek to encounter Jesus and the new life he is constantly inviting us to.

Tuesday evenings at 7 PM, beginning February 23. Visit the parish website at <http://saintthegreat.org> for registration information.

Parousia – The Bible & the Mass

Join Scott Hahn for an independent 10-part video series this Lent that uncovers how and why all of God's action, in creation and redemption, is ordered to the Mass. Why is Mass so important? Because, our very lives depend on it. It's the summit of God's plan for our salvation. It's time for us to wake up to the awesome power, the incredible gift, that is the Holy Sacrifice of the Mass. The alternative is unthinkable. Sign up for free at the link below.

<https://stpaulcenter.com/studies-tools/journey-through-scripture/parousia-the-bible-and-the-mass/>

ASH WEDNESDAY

February 17

Ashes will be distributed at each liturgy below:

8:00 am Mass

9:00 am School Mass

3:30 pm Liturgy of the Word

7:00 pm Mass

HOLY WEEK

Palm Sunday – March 28

Palm will be blessed and distributed at all Masses, which follow the normal Sunday schedule.

Confessions

Tuesday, March 30, 7:00 – 8:00 PM in church

Living Stations

Wednesday, March 31 @ 9:30 AM & 7:00 PM
(Livestreamed via Facebook)

EASTER TRIDUUM

Holy Thursday – April 1

Morning Prayer: 8:00 am (No Daily Mass)

Mass of the Lord's Supper: 7:00 pm
(Livestreamed via Facebook)

Adoration at the Repository until 10:00 pm

Night Prayer: 9:45 pm

Good Friday – April 2

NO CONFESSIONS

Morning Prayer: 8:00 am (No Daily Mass)

Adoration at the Repository
8:15 am – 3:00 pm

The Seven Last Words

Reflections on the seven last words of Christ given by the clergy of the parish.

12:00 – 1:15 PM

(Livestreamed via Facebook)

Liturgy of the Lord's Passion: 3:00 pm

(Livestreamed via Facebook)

Stations of the Cross: 7:00 pm

Holy Saturday – April 3

Morning Prayer: 8:00 am (No Daily Mass)

Blessing of Easter Baskets: 11:00 AM

Easter Vigil: 7:30 pm (No 5 PM Mass)

(Livestreamed via Facebook)

Easter Sunday – April 4

Masses at 8 AM, 10 AM & 12 PM

(All Easter Masses will be Livestreamed via Facebook)